



**Rita Goldhammer** is a coach, author, and facilitator who encourages others to embrace major life transitions and losses. Her leadership experience has been in business, health care, government, education, and social services. Goldhammer holds a B.S. in Music, is a Certified Professional Co-Active Coach and Bereavement Facilitator. She also is a recipient of a Bush Leadership Fellowship and studied at the Curt Carlson School of Business [U of M] and Harvard University. Rita co-authored three e-books on life transitions and created a holistic Leadership Institute for the University of St. Thomas [St. Paul, MN]. Rita has been coaching leaders through a variety of life transitions and losses since 1998. Her personal and coaching experience gives Rita the wisdom to help others find hope and meaning in their lives.